

# illinois

Chicago & Beyond



## girlfriend getaway! relax. reconnect. rejuvenate in dupage

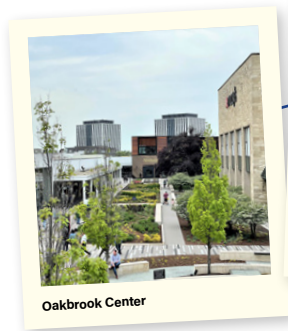
**From the local experts at DuPage  
Convention & Visitors Bureau**

Gather up your college roommates, best friends or female family members for a long-overdue girlfriend getaway of pampering and togetherness. Relax, reconnect and rejuvenate in DuPage County! Celebrate good times and create new memories. For the Fashionistas, be sure to leave room in your suitcase as you are about to explore Chicagoland's favorite shopping destinations.

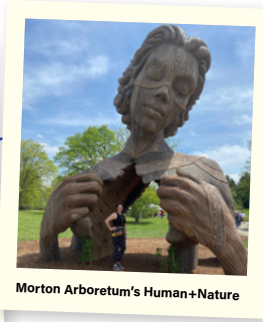


**3 days**  
**175mi**  
(Approx)





Oakbrook Center



Morton Arboretum's Human+Nature



Lizzadro Museum



Frida Kahlo exhibit

Many attractions have reopened with limited capacity or different operating hours. Inquire with attractions ahead of time for up-to-date travel policies and health and safety information.

## Day 1 Lombard, Burr Ridge, Rosemont, Aurora, and Oak Brook

### Worthy of a Shopping Trip

DuPage is a premier shopping destination. Explore charming downtowns and shop at local boutiques or expansive indoor and outdoor shopping centers, like Yorktown Mall and Burr Ridge Village Center. Find your best deals on designer fashions at the Fashion Outlets of Chicago and Chicago Premium Outlets. Explore the iconic **Oakbrook Center**, the largest open-air shopping center in the Midwest, offering over 160 upscale specialty shops and restaurants. End your day comparing great fashion finds while unwinding over a glass of wine at **Antico Posto**, a cozy Italian café and wine bar.

## Day 2 Lisle, Oak Brook, and Glen Ellyn

### Hidden Gems

DuPage is rich in its natural areas, begin your day with a morning walk at The Morton Arboretum. You will enjoy exploring 16 miles of trails in this magnificent outdoor museum of trees. During your walk you will be enchanted by 15 to 26 foot-tall sculptures by internationally renowned artist Daniel Popper at **Morton Arboretum's Human+Nature** art exhibition. The exhibition will inspire you and highlight the deep connections between people and trees. Make sure to stop at the Gingko Restaurant and Café to enjoy a healthy assortment of beverages and locally-sourced food overlooking the Aboretum's Meadow Lake.

Take the afternoon to discover **Lizzadro Museum's** collection of treasures from gemstones to Chinese jades. This one-of-a-kind museum also features cameos, dioramas and antiquities to include important pieces from China's Qing (Ch'ing) Dynasty of 1644 to 1912. And speaking of treasures, you don't

want to miss an exclusive **Frida Kahlo exhibit** at the **Cleve Carney Museum of Art**. Frida Kahlo: Timeless, is the largest presentation of Kahlo's work in the Chicago area in more than 40 years. The exhibition features 26 original artworks on loan from the Olmedo Collection as part of a comprehensive presentation of Kahlo's life and work. There are Frida happenings throughout DuPage communities to learn more visit <https://www.discoverdupage.com/things-to-do/arts-culture/frida-kahlo/>.

End your evening with a celebration of your friendship at **The Drake Oak Brook**, Autograph Collection. Here, you will discover the true taste of Spain from a decadent tapas menu at The Drake's Colonial Room and enjoy an evening of music and dancing at The Drake's Polo Lounge.

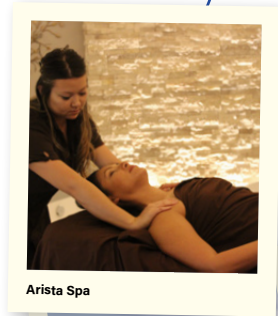
## Day 3 Wheaton, Burr Ridge, Itasca, Oak Brook, Darien, and Bartlett

### Find your Zen

The most important time in the world can be the time you make for yourself. Quiet the mind, relax the body and find that inner peace. Whether it's a spa day retreat at Kohler Waters Spa, **Arista Spa**, Spa Suites at Le Meridien, and **Eaglewood Resort and Spa**, or taking a long walk in the quiet gardens of **Cantigny Park**. Consider restoring your mind and body at one of DuPage's notable Zen spaces like **BAPS Swaminarayan Mandir**, **Carmelite Campus National Shrine of St. Therese**, Science of Spirituality Meditation Center or at the **Billy Graham Center and Museum**.

There are plenty of opportunities to find your Zen during your girlfriend getaway in DuPage. What a better way to end your girlfriend getaway with an **afternoon tea at Drury Lane**.

And, before you head home, make sure to stop at the **Little Popcorn Store** and pick-up some special treats for the kiddos.



Arista Spa



BAPS Swaminarayan Mandir



Carmelite Campus National Shrine of St. Therese



Billy Graham Center and Museum



Afternoon tea at Drury Lane

